



Hospital Bag Checklist



Mama

- Birth Plan
- Shower Shoes
- Computer / iPad
- Shower Cap
- ID and Insurance
- Going Home Outfit
- Bath Towel
- Snacks
- Hospital Forms
- Lip Balm
- Dirty Clothes Bag
- Toiletries
- Button-front Pj's
- Nipple Cream
- Makeup
- Compression Socks
- Nursing Tops
- Breast Pads
- Nursing Pillow
- Phone Charger
- Nursing Bras
- Nipple Shields
- Robe
- Maternity Pads
- Nonskid Socks
- Water Bottle
- Open-front sweater
- Towels (for car)
- Postpartum Underwear
- Hair Ties

Baby

- Pajamas
- Receiving Blanket
- Mittens
- Pacifier
- Pairs of Socks
- Burp Cloths (x4)
- Newborn Diapers
- White Noise Machine
- Going Home Outfit
- Bodysuit and Pants
- Baby Wipes
- Car Seat and Cover

Notes

